PediatricPlus

MEDIC First Aid PediatricPlus CPR, AED, and First Aid for Children, Infants, and Adults is an ideal training solution for schools, child care providers, youth sports coaches and others required to learn how to respond to medical emergencies involving children.* This versatile program is based on the 2015 CPR and First Aid Guidelines, Caring for Our Children, 3rd Ed, and other evidence-based treatment recommendations.

Intended audience
Individuals who desire or are required to be certified in pediatric first aid, CPR and AED.

Class configurations
- Max student to instructor ratio: 12 to 1
- Recommended student to equipment ratio: 3 to 1
- Max class size: 24 (with 2 instructors)

MEDIC First Aid-approved training materials

Instructor materials
- PediatricPlus program video (DVD or streaming) or computer/online blended class
- PediatricPlus Instructor Guide (one per instructor; print or digital)

Student materials
- Student Book (one per participant; print or digital)

Digital resources
- Streaming video player
- Pre-built digital Performance Evaluations
- Track past, present and future classes through TC portal
- Mobile app, including offline mode

Recognized certification period
- Up to 2 years

Successful completion (certification)
- Written evaluation: When not required by a regulatory agency, it is optional.
- Performance evaluation: All students must perform required skills competently without assistance.

Recommended time to complete
- Initial training: Approximately 6 hours
- Renewal training: Less
Class topics

- Pediatric First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Protecting Yourself – Infectious Bloodborne Diseases
- Protecting Yourself – Standard Precautions
- Protecting Yourself – Personal Protective Equipment
- Legal Considerations – Consent, Abandonment, Good Samaritan Laws
- Emergency Medical Services (EMS)
- Poison Help Line
- Emergency Action Plans
- Emergency Moves
- Sudden Cardiac Arrest
- Oxygen and the Human Body
- Secondary Cardiac Arrest
- Chest Compressions – Children, Infants, Adults
- Rescue Breaths – Airway, Barrier Devices, Delivering Breaths
- Automated External Defibrillation
- AED Operation
- AED Troubleshooting and Considerations
- Primary Assessment — Unresponsive
- Recovery Position
- Caring for Cardiac Arrest – Children, Infants, Adults
- Drowning
- Multiple Provider Approach to CPR
- Choking – Children, Infants, Adults
- Primary Assessment — Responsive
- Control of Bleeding
- Tourniquets
- Internal Bleeding
- Shock
- Head, Neck, or Back Injury
- Spinal Injury
- Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Burns – Thermal, Electrical, Chemical
- Amputation
- Minor Injuries
- Nosebleed
- Injured Mouth
- Objects in the Eye
- Warning Signs of Sudden Illness
- Altered Mental Status – Hypoglycemia, Seizure, Fainting
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- Poisoning – Ingested, Inhaled
- General Illness
- Cold Emergencies – Hypothermia, Frostbite
- Bites and Stings
- Emotional Considerations

* Some states require a review and approval of a program before being used to train child care providers. Check the regulatory tool in your TC portal for state-specific child care approval information.

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