

Throughout the transition from the 2010 to the 2015 Guidelines, ASHI and MEDIC First Aid Programs will be identified as either G2015 (revised/released) or G2010 (not yet revised/released). The release of new science and treatment recommendations does not imply that the use of previous recommendations is not effective or unsafe. Instructors may continue to teach and certify using the G2010 materials until December 31, 2016.

I. ASHI CPR, AED, and First Aid Training Programs

- a. Basic First Aid (G2015)
- b. Advanced First Aid (G2010)
- c. CPR and AED (G2015)
- d. Pediatric CPR, AED, and First Aid (G2010)
- e. Emergency Medical Response (G2010)
- f. Wilderness First Aid (G2010)
- g. Child and Babysitting Safety (G2010)

II. About the American Safety and Health Institute and the Health and Safety Institute

- a. The American Safety and Health Institute (ASHI) CPR, AED, and First Aid training programs are developed and administered by the [Health and Safety Institute](#) (HSI).²
- b. HSI is a major U.S. CPR, first aid, emergency medical and safety training organization.³ ASHI CPR, AED, and First Aid training programs are equivalent to the CPR, AED, and First Aid training programs developed and administered by the American Heart Association, ® Inc. (AHA) and the American National Red Cross (ARC).
- c. An HSI representative was a volunteer member of the 2015 International Liaison Committee on Resuscitation (ILCOR) First Aid Task Force and a collaborator on the 2015 International Consensus on First Aid Science with Treatment Recommendations.⁴

III. ASHI CPR, AED, and First Aid Training Programs Are Current⁵, Evidence-Based, and Conform to the:

- a. 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care (revised/released programs)
- b. 2015 American Heart Association and American Red Cross Guidelines Update for First Aid (revised/released programs)
- c. 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science
- d. 2010 American Heart Association, ® Inc. (AHA) and American Red Cross (ARC) International Consensus on First Aid Science with Treatment Recommendations
- e. 2010 AHA and ARC Guidelines for First Aid

¹ Last reviewed/updated: June 29, 2016

² Advanced First Aid and Emergency Medical Response are developed in partnership with [Pearson](#), the world's leading education company.

³ Anderson ML, et al. [Rates of cardiopulmonary resuscitation training in the United States](#). *JAMA Intern Med*. 2014 Feb 1;174(2):194-201

⁴ Singletary EM, et al; on behalf of the First Aid Chapter Collaborators. Part 9: first aid: 2015 International Consensus on First Aid Science With Treatment Recommendations. *Circulation*. 2015;132(suppl 1):S269–S311.

⁵ All instructors and training programs are in the process of, or are updated to the 2015 AHA Guidelines. For more see <http://www.hsi.com/guidelines>

- f. 2011 Standards for First Aid and CPR training of the American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, *Caring for our children: National health and safety performance standards; Guidelines for early care and education programs*. 3rd edition (“CFOC3”)
- g. The criteria of the Boy Scouts of America for [Wilderness First Aid Curriculum and Doctrine Guidelines](#)
- h. National Emergency Medical Services Education Standards, [Emergency Medical Responder](#)
- i. Recommendations of the Federal Occupational Safety and Health Administration (OSHA) [Best Practices Guide: Fundamentals of a Workplace First-Aid Program](#)

IV. Acceptance and Accreditation

- a. ASHI CPR, AED, and First Aid training programs are currently accepted, approved, or recognized as an industry credential meeting the requirements of more than 2300 state regulatory agencies, occupational licensing boards, national associations, commissions, and councils in more than 550 occupations and professions.
- b. HSI is a nationally accredited organization of the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE, formerly CECBEMS). CAPCE is the national accrediting body for Emergency Medical Services (EMS) continuing education courses and course providers. CAPCE accreditation requires an evidence-based peer-review process for continuing education programs comparable to all healthcare accreditors.⁶
- c. HSI is a member of the Council on Licensure, Enforcement and Regulation ([CLEAR](#)), the premiere international resource for professional regulation stakeholders.
- d. HSI is a member of the American National Standards Institute ([ANSI](#)) and ASTM International ([ASTM](#)) – both globally recognized leaders in the development and delivery of international voluntary consensus standards.

V. ASHI CPR, AED, and First Aid Training Programs Are Taught by Qualified Instructors Affiliated with an Approved Training Center and Are Authorized to Certify Course Participants

- a. ASHI does not offer, recognize, or accept any online-only layperson CPR, AED, or First Aid certificates. Certification of participants requires face-to-face evaluation of hands-on skills by an authorized instructor to verify skill competency.
- b. Online training alone does not meet the first aid and CPR requirements of the US Department of Labor, Occupational Safety & Health Administration (OSHA) standards⁷. Online training must be supplemented with hands-on practice.
- c. HSI publishes and administers a set of [Quality Assurance Standards](#) designed to monitor and improve the performance of HSI, its approved ASHI Training Centers and Authorized Instructors so that the products and services provided meet or exceed the requirements of employers, regulatory authorities, and other approvers.

If you have questions, please contact us at 800-447-3177

⁶ CAPCE represents only that its accredited programs have met CAPCE's standards for accreditation. These standards require sound educational offerings determined by a review of its objectives, teaching plan, faculty, and program evaluation processes. CAPCE does not endorse or support the actual teachings, opinions or material content as presented by the speaker(s) and/or sponsoring organization. CAPCE accreditation does not represent that the content conforms to any national, state or local standard or best practice of any nature. No student shall have any cause of action against CAPCE based on the accreditation of the material.

⁷ Thomas Galassi, “Clarification of OSHA Training Requirements for Basic First Aid and Cardiopulmonary Resuscitation (CPR),” Occupational Health and Safety Administration, August 2, 2013, Available: https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=INTERPRETATIONS&p_id=28541 (accessed 6/29/16)