



# HEALTH & SAFETY INSTITUTE

*We Make Learning to Save Lives Easy<sup>®</sup>*



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# WHY TRAIN?

Compliance with corporate policies or regulatory requirements is often the motivation to provide workplace training. However, the true value of safety and emergency care training is preventing workplace injuries and preparing your team to respond when something does happen.

A robust training program helps ensure that someone is available with the confidence and knowledge to use the appropriate techniques, practices, and responses to avoid accidents and, sometimes, even save a life.

Students who have trained through HSI programs are prepared to come to the aid of those around them.

From lay providers with basic first aid skills to professional responders using advanced techniques, the training you provide can make all the difference.

- » Effective and immediate bystander CPR can double or triple a victim's chance of survival, yet less than one-third of out-of-hospital sudden cardiac arrest (SCA) victims receive bystander CPR. Unless CPR and defibrillation are provided within minutes of collapse, few attempts at resuscitation are successful.

*American Heart Association*

- » With treatment that is initiated within 4–6 minutes of an SCA incident, survival rates can be as high as 90 percent. For each additional minute without treatment, survival rates decrease by about 10 percent.

*Occupational Safety & Health Administration*

At HSI, we are dedicated to bringing the most effective emergency care and safety training available today to workplaces and communities around the world.

*We Make Learning to Save Lives Easy.®*

## Incidents happen!

- » 330,000 people suffer sudden cardiac arrest each year in the United States. Only 6–7% survive.

*Sudden Cardiac Arrest Foundation*

- » 1,000 people killed by SCA a day or one person every two minutes.

*Heart Rhythm Foundation*

- » 3,696,100 recordable nonfatal injuries and illnesses in private industry in 2008.

*Bureau of Labor Statistics*

- » 20.2% of children under 18 years of age visited emergency rooms in the United States in 2007.

*Dept. of Health & Human Services*

- » 31 million initial emergency department visits for injuries in the United States in 2004–2005 (annual average).

*Centers for Disease Control*



1450 Westec Drive | Eugene, OR 97402  
800 447 3177 | [www.hsi.com](http://www.hsi.com)

# WHY HSI?

With over 30 years experience, Health & Safety Institute (HSI) is a proven industry leader and the preferred single-source provider of emergency care and safety training solutions for Instructors, Training Centers, governments, and corporations.

HSI training materials are easy-to-use, innovative, and customer-focused. These educational, engaging, and empowering courses incorporate an instructional design and format that meets both Instructor and student needs.

Adhering to the most current scientific guidelines, standards, and expert recommendations, HSI programs and services offer flexible options to satisfy students, Instructors, and administrators alike.

- » Choose a complete classroom experience or combine hands-on assessment with online coursework for time-saving flexibility.
- » Utilize an expert Instructor from our national network or opt to “train the trainer” and have your staff facilitate training in your organization.
- » Have HSI facilitate your AED program to help ensure that your current program meets regulatory compliance.
- » Provide continuing education directly to EMS and fire professionals through convenient subscription packages or a single class.



By partnering with HSI, Training Centers and Instructors receive a variety of valuable services and resources, including:

- » **Exclusive access to HSI's online TC Manager Portal** providing convenient administrative tools such as class management resources, documentation, exams, rosters, and Training Center Administrative Manuals.
- » **A robust quality assurance program** ensuring thorough oversight without adding an excessive administrative burden to Training Center staff.
- » **Participation in HSI Rewards**, a program offering a wealth of business and marketing support, including special discounts through our vendor partners.

# THE HSI FAMILY OF BRANDS



American Safety & Health Institute (ASHI) training programs offer an extensive catalog of emergency care courses with a “toolbox” approach to learning that gives Instructors the flexibility to train in a manner that best suits their teaching style. Students and Instructors alike find ASHI programs user friendly, thorough, and engaging.

## Featured courses cover:

- » First Aid
- » CPR/AED
- » Bloodborne Pathogens
- » Emergency Oxygen
- » Basic Life Support
- » Advanced Cardiac Life Support
- » Pediatric Advanced Life Support

## Program highlights:

- » Ideal for the experienced Instructor or trainers with an EMT or medical background
- » Courses include multiple instructional elements for teaching flexibility—Instructors can choose from skill guides, DVDs, PowerPoint presentations, scenario sheets, and more
- » Classroom and blended learning options
- » CPR Pro, ACLS, and PALS programs are CECBEMS accredited



Designed to help organizations meet regulatory requirements, MEDIC First Aid® training programs use a video-based, Instructor-facilitated, standardized approach. These easy-to-teach courses provide a solid foundation of techniques and understanding that students can confidently apply in an emergency.

## Featured courses cover:

- » First Aid
- » CPR/AED
- » Bloodborne Pathogens
- » Emergency Oxygen

## Program highlights:

- » Designed for both the occasional or experienced trainer
- » Curriculum-based approach for consistent, quality training across multiple locations
- » Proven instructional design utilizing a “hearing, seeing, doing, speaking, and feeling” methodology that builds confidence and supports content retention
- » Award-winning, professionally produced videos using realistic scenarios
- » Classroom and blended learning options

# 24-7 EMS

24-7 EMS® courses meet continuing education requirements for all levels of EMS personnel and are tailored to the unique needs of the workplace learner. The programs provide a comprehensive review of fundamental EMS skills and include skill-building practice sessions. Flexible customization allows the Instructor to add local protocols.

- » More than 70 topics with new topics added every quarter
- » Course offerings based on continuous review of DOT curriculum and NREMT guidelines

## Program highlights:

- » Award-Winning video segments with live scene footage, interviews with leading industry experts, and case studies
- » Keeps learners focused and interested through relevant content
- » Complete student activity tracking module
- » Organizationally accredited through CECBEMS
- » Can be delivered in the classroom or securely online

# 24-7 FIRE

24-7 Fire provides a complete training experience specifically for professional and volunteer fire personnel. Station drills are combined with video featuring the best talents in the fire service. This quarterly series of classes is NFPA compliant and incorporates OSHA, NIOSH, CDC, IFSTA materials, and other recognized standards and materials.

- » Three curriculum tracks available: Firefighter, Fire Inspector, and Fire Officer Development
- » Courses are released quarterly and can be purchased as independent tracks or bundled as a subscription

## Program highlights:

- » Dynamic videos and podcasts, interviews with leading fire service experts, critical thinking topics, and case studies
- » Scenario-based training keeps content relevant and realistic
- » Provides training evolutions
- » Can be delivered in the classroom by a fire company officer or completed online in conjunction with skills practice



First Safety Institute courses, an on-going series of OSHA compliance training programs, cover frequently requested areas of safety concern for organizations of any size. Each program provides a fundamental understanding of each topic and features professionally produced Instructor and student materials that engage, educate, and enable retention.

- » Specialized training for workplace safety (fire, electrical, fall protection, PPE, and more)
- » Helps manage risk and meet OSHA requirements

**Program highlights:**

- » Rapid format for thorough coverage while keeping off-the-job time to a minimum
- » Easy-to-understand, video-based programs keep audiences interested
- » Courses cover OSHA administrative topics as well as workplace safety practices and equipment

## HSI Services

HSI's unique service offerings make it easy to create a total training solution for any organization:

**National Training Solutions (NTS)**

Centralized scheduling for a nationwide network of authorized Instructors specializing in emergency care training

**AED Implementation Services**

Program planning and assessment, device purchasing, physician medical oversight, training, and tracking

**Medical Services**

Custom and off-the-shelf occupational medical tools that unite technology and physician oversight for online employee health assessment and wellness needs

**Knowledge Management Solution**

Online administration of training management processes, asset management, document storage, and communications providing immediate access and easy reporting for compliance, certifications, and workforce development