



MEDIC First Aid PediatricPlus

MEDIC First Aid *PediatricPlus CPR, AED, and First Aid for Children, Infants, and Adults* is an ideal training solution for schools, child care providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children.* This versatile program is based upon the 2015 CPR and First Aid Guidelines, *Caring for Our Children, 3rd Ed*, and other evidence-based treatment recommendations.



Intended audience

Individuals who desire or are required to be certified in pediatric first aid, CPR, and AED.



Class configurations

- Max student to instructor ratio: 12 to 1
- Recommended student to equipment ratio: 3 to 1
- Max class size: 24 (with 2 instructors)



MEDIC First Aid-approved training materials

Instructor materials

- *PediatricPlus* program video (DVD or streaming) or computer/online blended class
- *PediatricPlus* Instructor Guide (one per instructor; print or digital)

Student materials

- Student Book (one per participant; print or digital)



Recognized certification period

Up to 2 years



Successful completion (certification)

- *Written evaluation*: When not required by a regulatory agency, it is optional.
- *Performance evaluation*: All students must perform required skills competently without assistance.



Recommended time to complete

- *Initial training*: Approximately 6 hours
- *Renewal training*: Less than initial instructional time



Course Topics

- Pediatric First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Protecting Yourself – Infectious Bloodborne Diseases
- Protecting Yourself – Standard Precautions
- Protecting Yourself – Personal Protective Equipment
- Legal Considerations – Consent, Abandonment, Good Samaritan Laws
- Emergency Medical Services (EMS)
- Poison Help Line
- Emergency Action Plans
- Emergency Moves
- Sudden Cardiac Arrest
- Oxygen and the Human Body
- Secondary Cardiac Arrest
- Chest Compressions – Children, Adults, Infants
- Rescue Breaths – Airway, Barrier Devices, Delivering Breaths
- Automated External Defibrillation
- AED Operation
- AED Troubleshooting and Considerations
- Primary Assessment – Unresponsive
- Recovery Position
- Caring for Cardiac Arrest – Children, Infants, Adults
- Drowning
- Multiple Provider Approach to CPR
- Caring for Cardiac Arrest Algorithm
- Choking – Children, Infants, Adults
- Primary Assessment – Responsive
- Control of Bleeding
- Tourniquets
- Internal Bleeding
- Shock
- Head, Neck, or Back Injury
- Spinal Injury
- Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Burns – Thermal, Electrical, Chemical
- Amputation
- Minor Injuries
- Nosebleed
- Injured Mouth
- Objects in the Eye
- Warning Signs of Sudden Illness
- Altered Mental Status – Hypoglycemia, Seizure, Fainting
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- Poisoning – Ingested, Inhaled
- General Illness
- Heat Emergencies – Exertional Dehydration, Heat Exhaustion, Heat Stroke
- Cold Emergencies – Hypothermia, Frostbite
- Bites and Stings
- Emotional Considerations

**Some states require a review and approval of a program before being used to train child care providers. Check the regulatory tool in your Otis portal for state-specific child care approval information.*

MEDIC
First Aid

For more information see www.hsi.com/medicfirstaid or contact us at 800.447.3177.